

## Measures concerning the new coronavirus (COVID-19)

### 【Infection prevention】

- Avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, beginning with maintaining personal distance, wearing a mask and hand hygiene.
- When you enter the campus, check your temperature with the thermography cameras installed in the division complexes, the administrative building, etc.
- When inside buildings, open the windows and ventilate frequently
- Thoroughly perform usual infection prevention measures (washing hands with running water and soap, disinfecting hands, wearing masks, and coughing etiquette)
- If you have a cough without a high fever, please wear a mask at all times
- When entering buildings, wash and/or disinfect your hands
- Make careful decisions about going out, based on the local infection situation.
- When going outside, avoid crowded places as much as possible
- When eating or drinking, refrain from talking without a mask
- When using restaurants, etc. for meals or other events, use a third-party certification system certified restaurant, and do it in a short time with a small number of people.
- Register and use COCOA (COVID-19 Contact Confirming Application) or other local tracking and alerting systems.

### 【Health care】

- Response in cases of fever
- 1. In cases when you have a fever or other symptoms, you should stay at home and promptly contact a hospital to discuss seeking medical treatment, etc.

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(For reference)

- ◆ Clinics/hospitals near NAIST (performing PCR tests)
- ① Ikoma City Hospital (near Higashi-Ikoma Station)  
TEL: 0743-72-1111 (Reservations 24 hours a day)
- ② Shiraniwa Hospital (near Shiraniwadai Station)  
TEL 0743-70-0022
- ③ Ikoma Medical Center (1 minute walk from Ikoma Station)  
TEL: 0743-75-0111 (Reservations late night and holidays only)
- ④ Tanaka Urology Clinic (5 minute walk from Ikoma Station)  
TEL: 0743-75-2861 (Reservations 9:00-18:00)
- ⑤ Suzuki Internal Medicine Clinic (3 minute walk from Saidaiji Station)  
TEL: 0742-33-3786 (Reservations 9:00-17:00)

※Please contact Call Center below if there isn't a hospital nearby.

◆Call Center (Coronavirus Returnee and Exposure Call Center)

① Nara Prefecture

TEL: 0742-27-1132 【24 hours a day】

② Osaka Prefecture

Health Center nearby 【24 hours a day】

③ Kyoto Prefecture

TEL: 075-414-5487 【24 hours a day】

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2. In cases when you have taken a PCR test, make sure to notify the Health Care Center of that fact with the result. If the result is positive, please follow the instructions of the public health office and understand that you will not be allowed to work or report to work until it is deemed you are fully recovered. If the result is negative, please follow the treating physician's instruction and return to work/your studies.

Health Care Center Tel: 0743-72-5108 E-mail: hcc[at]hcc.naist.jp

3. In cases when you or someone you live with is requested to cooperate with the public health offices, etc. as someone who has come into close contact with an infected person, follow the directions you receive and quarantine at home for the period that is stipulated.

Flowchart for when you, your family or roommate, etc. has a fever or other symptoms

[https://ad-info.naist.jp/k-soumu/somu/coronav\\_flow\\_E1224.pdf](https://ad-info.naist.jp/k-soumu/somu/coronav_flow_E1224.pdf)

Nara Prefecture : <http://www.pref.nara.jp/55410.htm>

Osaka Prefecture :

<http://www.pref.osaka.lg.jp/iryo/osakakansensho/corona-denwa.html>

Kyoto Prefecture : <http://www.pref.kyoto.jp/kentai/corona/soudan.html>

4. In cases when someone you live with has a fever or other cold-like symptoms, regardless of whether you have a fever or other cold-like symptoms, please follow either item 1 above.

**【Health care】**

○ NAIST will collect and announce information concerning new coronavirus vaccines offered by the local governments and offer support for international students, etc. in making arrangements for these.

**【Overseas travel】**

1. All faculty, staff and students are prohibited from travelling to areas where the infection danger levels are level 3 (Avoid all travel), regardless of whether it will be for work or private.

Also, NAIST asks that all non-essential travel to areas where the infection danger levels are level 2 be avoided.

- Japanese Ministry of Foreign Affairs Safety Abroad Page (<https://www.anzen.mofa.go.jp/>).

## 2. Exceptional measures

While travelling to areas where the infection danger levels are level 2 or 3 is, in principle, as stated above, overseas travel may be approved as an exceptional measure for cases 1 and 2 below, upon completion of the necessary procedures.

### Case 1: Student travel

- Permission for overseas travel to areas where the infection danger levels are level 2 or 3 in order to study abroad, which meets certain conditions that were outlined in the July 9<sup>th</sup> announcement titled “[本学の学生の海外留学について](#)” (NAIST students studying abroad, only in Japanese), will be determined by the President based on Article 48 of the Regulations of Nara Institute of Science and Technology.
- Specifically, individual decisions concerning studying abroad (Studying abroad to obtain a degree including double degree programs, one-year study abroad programs (at least nine months or longer programs)) are to be made considering the latest conditions, upon confirmation of the study abroad destination’s infection conditions, prevention measures, and medical system; scheduled return route and prevention measures; and the insurance made available.

### Case 2: Other exceptional circumstances

- If you plan to travel to areas where the infection danger levels are level 2 or 3 due to other exceptional circumstances, please complete the following procedures
  - a. Overseas travel for laboratory members (faculty, students, etc.; not including students who will study abroad\*)
    - Receive permission from your laboratory head to travel overseas
      - Once permission is granted, the laboratory head shall notify the Division Director and the division office without delay. The division office will then notify the Planning and General Affairs Division, the office in charge of the Crisis Measures Headquarters, of this plan.
      - Upon returning to NAIST after safely returning to Japan without infection, the laboratory head will notify the Division Director and the division office. The division office will then notify the Planning and General Affairs Division.
      - If the laboratory member becomes infected, the laboratory head shall notify the Division Director and the Health Care Center immediately.

\*For student overseas travel for purposes other than study abroad requiring study abroad notification form submission (In principle, three months or longer.), in case 1 when the study abroad meets certain conditions decisions are to be made carefully,

upon confirmation of the study abroad destination's infection conditions, prevention measures, and medical system; scheduled return route and prevention measures; and the insurance made available.

b. Overseas travel for other NAIST employees

- Receive permission from your office/section head to travel overseas. The office/section head shall then notify the Planning and General Affairs Division, the office in charge of the Crisis Measures Headquarters, of this plan.
  - Upon returning to NAIST after safely returning to Japan without infection, the office/section head will notify the Planning and General Affairs Division.
  - If the laboratory member becomes infected, the laboratory head shall notify the Health Care Center immediately.
- Upon receiving permission for a or b above, thoroughly confirm the destination country/region's entrance policies, restrictions after entrance, and infection prevention measures on government, Ministry of Foreign Affairs, and diplomatic missions' homepages. Please take precautions to ensure your safety when you travel.

For reference: "Country/region entrance measures/restrictions, etc. for Japanese and those travelling from Japan" site (Only in Japanese).

[https://www.anzen.mofa.go.jp/covid19/pdfhistory\\_world.html](https://www.anzen.mofa.go.jp/covid19/pdfhistory_world.html)

**【Persons returning to Japan】**

- The stricter measures currently in place concerning inspection and quarantine for all persons entering Japan, regardless of nationality, are outlined as follows.

Japanese Ministry of Foreign Affairs

[https://www.mofa.go.jp/ca/fna/page4e\\_001053.html](https://www.mofa.go.jp/ca/fna/page4e_001053.html)

- The "special framework which enables business persons residing in Japan (Japanese nationals, Japanese permanent residents and those maintaining the status of residence) to conduct limited business activities upon their return/re-entry into Japan after short-term business trips" started from November 1st. However, this framework is suspended for the time being.

**【Accepting International visitors to NAIST】**

- For those who have a Certificate of Eligibility from October 1st, 2020, in principle, all statuses of residence (Professor, student, dependent, etc.) are eligible for new (first) entry to Japan.

However, this framework is suspended for the time being

Japanese Ministry of Foreign Affairs Safety Abroad Page

[https://www.mofa.go.jp/mofaj/ca/fna/page22\\_003381.html](https://www.mofa.go.jp/mofaj/ca/fna/page22_003381.html)

**【Domestic business trips and travelling】**

- Please decide domestic business trips or other trips carefully based on the local infection situation. Also, from the standpoint of infection prevention, please practice the basic measures to prevent the spread of infection, beginning with maintaining personal distance, wearing a mask and hand hygiene.

Please refrain from domestic business trips and travelling if you have a fever or other symptoms.

**【Lectures and student's experiments】**

- However, for lectures that need to be held in-person, lab tours, etc., please hold them upon thoroughly taking infection prevention measures.
- Please follow the instructions from the appropriate Graduate School or Division about conducting experiments and practice subjects for students.

**【Faculty and students' research activities】**

- Research activities may be performed, but avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, beginning with maintaining personal distance, wearing a mask and hand hygiene.

**【On-campus meetings】**

- Online meetings and online participation are encouraged, but if in-person meetings are held, avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, maintaining personal distance, wearing a mask and hand hygiene.

**【Measures for employment duties for faculty and staff】**

- While the call to refrain from going outdoors does not include faculty and staff reporting for duties, in order to reduce the possibility of contact please consider staggering your commute or teleworking when it doesn't negatively affect your education, research or work duties.

Nara Institute of Science and Technology