

Measures concerning the new coronavirus (COVID-19)

【Infection prevention】

- Avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, beginning with maintaining personal distance, wearing a mask and hand hygiene.
- When inside buildings, open the windows and ventilate frequently
- When eating or drinking with other people, sit at least two meters away from any accompanying persons and sit diagonally from people (Do not sit directly in front of someone.)
- Thoroughly perform usual infection prevention measures (washing hands with running water and soap, disinfecting hands, wearing masks, and coughing etiquette)
- When entering buildings, wash and/or disinfect your hands
- Avoid nonessential outings and stay inside as much as possible
- When going outside, avoid crowded places as much as possible
- If you have a cough without a high fever, please wear a mask at all times

【Health care】

- In cases when you have a fever or other cold symptoms for 3 days or less, you should stay at home.

You can come to work after 3 days from the day the fever or other symptoms stopped. (when not taking medicine)

- In cases when you have a fever or other cold symptoms for 4 days or longer, please contact the "Nara Coronavirus Returnee and Exposure Call Center" (0742-27-1132) at the Koriyama Health Division and take the PCR test.

Please note in cases where the test is not performed or the PCR test results are negative, you can come to work after 3 days from the day the fever or other symptoms stopped.

- In cases when you or someone you live with has been requested to take the PCR test by the public health office or a medical institution as having a high risk of contact with a COVID-19 patient, please follow the instructions of the public health office or medical institution and quarantine yourself at home for the period stipulated.

- If it is confirmed that you are infected with the new coronavirus as a result of PCR testing,

please contact the following offices.

Crisis Measures Headquarters Tel: 0743-72-5024 E-mail: somu[at]ad.naist.jp
Health Care Center Tel: 0743-72-5108 E-mail: nisiyama[at]hcc.naist.jp

Flowchart for when you, your family or roommate, etc. has a fever or other symptoms

https://ad-info.naist.jp/k-soumu/somu/coronav_flow_E0722.pdf

【Overseas travel】

- All faculty, staff and students are prohibited from travelling to areas where the infection danger levels are level 2 or 3, regardless of whether it will be for work or private.
 - Japanese Ministry of Foreign Affairs Safety Abroad Page (<https://www.anzen.mofa.go.jp/>).

- All persons returning to Japan will be required to stay 14 days at the location stipulated by the Quarantine Station Director and are asked not to use public transportation. Please follow any instructions given.

- The accepting of visitors from level 2 and 3 areas is prohibited for the immediate future.

- The acceptance of new students* from overseas is to be considered from October 1st, 2020.
*Those students who wish to apply to NAIST as Undergraduate Internship Students and Special Research Students in or after May 2020.

【Domestic business trips and travelling】

- With the number of infection cases is increasing in metropolitan areas such as Tokyo and Osaka, NAIST asks that you are particularly careful when going on domestic business trips or travelling metropolitan areas. Also, from the standpoint of infection prevention, please practice the basic measures to prevent the spread of infection, beginning with maintaining personal distance, wearing a mask and hand hygiene.
Please refrain from domestic business trips and travelling if you have a fever or other symptoms.

【Lectures and student's experiments】

- In principle, subjects are to be held in-person from the fall semester. The seating capacity for subjects will be half of the classroom seating capacity and, in cases where there are more students than this, the remaining students shall participate in the subject in another room using the academic channel.

○ Please follow the instructions from the appropriate Graduate School or Division about conducting experiments and practice subjects for students.

【Faculty and students' research activities】

○ Research activities may be performed, but avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, beginning with maintaining personal distance, wearing a mask and hand hygiene.

【On-campus meetings】

○ Online meetings and online participation are encouraged, but if in-person meetings are held, avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, maintaining personal distance, wearing a mask and hand hygiene.

【Measures for employment duties for faculty and staff】

○ If faculty or staff are absent due to fever, the absences shall be dealt with as annual paid leave or sick leave. If you suspect COVID-19 infection, contact Coronavirus Returnee and Exposure Call Center and follow their instructions. If you are unable to come to NAIST due to this, this will be treated as compulsory leave.

○ To prevent the spreading of infection, you can stagger your commute to avoid crowded public transportation like trains or buses.

Teleworking may be performed as long as this doesn't negatively affect the education, research or work duties.

【Measures for employment duties for faculty and staff】

○ In order to prevent the spread of the new coronavirus (COVID-19) infection, the acceptance of reservations for Guesthouse Sentan has been stopped from April 13th until the infection has declined.