

To Faculty and Staff Members, and Students

Information about coronavirus (2019-nCoV) and flu

As I have sent you a cautionary email about 2019-nCoV on January 27th, infection cases are still increasing. Ministry of Health Labor and Welfare and Nara prefecture set consultation desks now. Please check detailed information below again.

Prevention: Please wash hands and gargle to prevent 2019-nCoV and flu. I recommend you to avoid crowded places. If you go, I recommend you to wear a mask. Please take care of your health, for example taking enough sleep, to raise your immune system. If you have high immunity, you could stop developing symptoms even if you are infected.

If you are possibly infected: You can't tell if you are infected with flu, 2019-nCoV or just catch a cold from objective symptoms. Initial treatments for flu and cold are possible at Health Care Center. However, in case you have high fever, and in case dyspnea or pneumonia are suspected, you need to go to a hospital where you can take chest X-ray. It would be better to go directly to the hospital in case of severe symptoms.

Please call us (0743-72-5108) before you come to NAIST if you have severe symptoms.

Only limited medical institute inspect specimen in case of 2019-nCoV, and genetic inspection is also needed in Tokyo. They only inspect specimen of people who traveled Wuhan recently, or people in close contact with infected person at the moment from government policy. According to NARA public health center, Ikoma City Hospital (0743-72-1111) and Kindai University Nara Hospital (0743-77-0880) will see patients infected 2019-nCoV. They also recommend to call the hospital and explain symptoms beforehand.

Consultation Desk:

Information from Nara prefecture (in English)

<http://www.pref.nara.jp/secure/222718/chirashi%20english%20noqr1.pdf>

(in English)

Ministry of Health, Labor and Welfare

Call Center regarding 2019-nCoV

03-3595-2285 (reception hours 9:00 – 21:00)

(only in Japanese)

<Contact for inquiries>

General Safety and Health Management Office

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