

Measures concerning the new coronavirus (COVID-19)

【Infection prevention】

- Avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, beginning with maintaining personal distance, wearing a mask and hand hygiene.
- When you enter the campus, check your temperature with the thermography cameras installed in the division complexes, the administrative building, etc.
- When inside buildings, open the windows and ventilate frequently
- When eating or drinking with other people, sit at least two meters away from any accompanying persons and sit diagonally from people (Do not sit directly in front of someone.)
- Thoroughly perform usual infection prevention measures (washing hands with running water and soap, disinfecting hands, wearing masks, and coughing etiquette)
- If you have a cough without a high fever, please wear a mask at all times
- When entering buildings, wash and/or disinfect your hands
- Avoid nonessential outings and stay inside as much as possible
- When going outside, avoid crowded places as much as possible
- Avoid large parties and gatherings
- When eating out at a restaurant, check if the business displays signs stating their compliance to certain standards, etc.
- Please refrain from activities that involve shouting or loud voices, such as visiting restaurants where you need to speak loud, karaoke, sports events with cheering, etc.
- Register and use COCOA (COVID-19 Contact Confirming Application) or other local tracking and alerting systems.

【Health care】

- Response in cases of fever
- 1. In cases when you have a fever or other symptoms, you should stay at home and promptly contact a hospital to discuss seeking medical treatment, etc.

(For reference)

- ◆Clinics/hospitals near NAIST (performing PCR tests)

- ① Ikoma City Hospital (near Higashi-Ikoma Station)
TEL: 0743-72-1111 (Reservations 24 hours a day)
- ② Ikoma Medical Center (1 minute walk from Ikoma Station)
TEL: 0743-75-0111 (Reservations late night and holidays only)
- ③ Tanaka Urology Clinic (5 minute walk from Ikoma Station)
TEL: 0743-75-2861 (Reservations 9:00-18:00)
- ④ Suzuki Internal Medicine Clinic (3 minute walk from Saidaiji Station)
TEL: 0742-33-3786 (Reservations 9:00-17:00)

※Please contact Call Center below if there isn't a hospital nearby.

◆Call Center (Coronavirus Returnee and Exposure Call Center)

- ① Nara Prefecture
TEL: 0742-27-1132 【24 hours a day】
- ② Osaka Prefecture
Health Center nearby 【24 hours a day】
- ③ Kyoto Prefecture
TEL: 075-414-5487 【24 hours a day】

2. In cases when you have taken a PCR test, make sure to notify the Health Care Center of that fact with the result. If the result is positive, please follow the instructions of the public health office and understand that you will not be allowed to work or report to work until it is deemed you are fully recovered. If the result is negative, please follow the treating physician's instruction and return to work/your studies

Health Care Center Tel: 0743-72-5108 E-mail: hcc[at]hcc.naist.jp

3. In cases when you or someone you live with is requested to cooperate with the public health offices, etc. as someone who has come into close contact with an infected person, follow the directions you receive and quarantine at home for the period that is stipulated

Flowchart for when you, your family or roommate, etc. has a fever or other symptoms

https://ad-info.naist.jp/k-soumu/member/somu/coronav_flow_E1224.pdf

Nara Prefecture : <http://www.pref.nara.jp/55410.htm>

Osaka Prefecture :

<http://www.pref.osaka.lg.jp/iryu/osakakansensho/corona-denwa.html>

Kyoto Prefecture : <http://www.pref.kyoto.jp/kentai/corona/soudan.html>

4. In cases when someone you live with has a fever or other cold-like symptoms, regardless of whether you have a fever or other cold-like symptoms, please follow either item 1 above.

【Overseas travel】

○All faculty, staff and students are prohibited from travelling to areas where the infection danger levels are level 3, regardless of whether it will be for work or private.(Avoid all travel) Also, NAIST asks that all non-essential travel to areas where the infection danger levels are level 2 be avoided.

- Japanese Ministry of Foreign Affairs Safety Abroad Page (<https://www.anzen.mofa.go.jp/>).

Please also check the“Country/region entrance measures/restrictions, etc. for Japanese and those travelling from Japan” site (Only in Japanese) when you will travel abroad.

https://www.anzen.mofa.go.jp/covid19/pdfhistory_world.html

○ The “special framework which enables business persons residing in Japan (Japanese nationals, Japanese permanent residents and those maintaining the status of residence) to conduct limited business activities upon their return/ re-entry into Japan after short-term business trips” was started from November 1st. Those persons residing in Japan may, at the time returning/re-entry to Japan from short-term business trips to any country or region (Duration of stay at the destination country/region must not exceed 7 days, excluding the stay-at-home/isolation period designated by the government of destination country/region) be eligible to use this framework upon submitting a pledge concerning preventative measures to be taken upon return by the company or group sending said resident.

Japanese Ministry of Foreign Affairs

https://www.mofa.go.jp/mofaj/ca/cp/page22_003380.html

Ministry of Economy, Trade and Industry

<https://www.meti.go.jp/covid-19/pdf/taikikanwa.pdf>

【Persons returning to Japan】

○ The stricter measures currently in place concerning inspection and quarantine for all persons entering Japan, regardless of nationality, are outlined as follows.

1. All persons who have resided in a country /region that is subject to denial of permission to enter Japan up to 14 days will receive an antigen quantitative test
2. All those entering Japan must not use public transportation and must avoid all unnecessary travel, staying in their residence or a hotel, for 14 after the day of arrival. Note that when the results of the antigen quantitative test above are negative, the person will be subject to health monitoring by the health offices.

○The “special framework which enables business persons residing in Japan (Japanese nationals, Japanese permanent residents and those maintaining the status of residence) to conduct limited business activities upon their return/re-entry into Japan after short-term business trips” was started from November 1st. Those persons residing in Japan may, at the time returning/re-entry

to Japan from short-term business trips to any country or region (Duration of stay at the destination country/region must not exceed 7 days, excluding the stay-at-home/isolation period designated by the government of destination country/region) be eligible for this framework upon submitting a pledge concerning preventative measures to be taken upon return by the company or group sending said resident. (Same as above)

【Accepting International visitors to NAIST】

○ For those who have a Certificate of Eligibility from October 1st, 2020, in principle, all statuses of residence (Professor, student, dependent, etc.) are eligible for new (first) entry to Japan.

However, in addition to the current prevention measures, etc. (14-day stay-at-home period from the day after arrival to Japan at a residence or hotel and not using public transportation for this stay-at-home period), the submission of a pledge issued by NAIST stating the preventative measures to be taken is required you those entering Japan for the first time. (Applying to the Residence Track)

Japanese Ministry of Foreign Affairs Safety Abroad Page

https://www.mofa.go.jp/mofaj/ca/fna/page22_003381.html

【Domestic business trips and travelling】

○ With the number of infection cases is increasing in metropolitan areas such as Tokyo and Osaka, NAIST asks that you are particularly careful when going on domestic business trips or travelling metropolitan areas. Also, from the standpoint of infection prevention, please practice the basic measures to prevent the spread of infection, beginning with maintaining personal distance, wearing a mask and hand hygiene.

Please refrain from domestic business trips and travelling if you have a fever or other symptoms.

【Lectures and student's experiments】

○ In principle, subjects are to be held in-person from the fall semester. The seating capacity for subjects will be half of the classroom seating capacity and, in cases where there are more students than this, the remaining students shall participate in the subject in another room using the academic channel.

○ Please follow the instructions from the appropriate Graduate School or Division about conducting experiments and practice subjects for students.

【Faculty and students' research activities】

○ Research activities may be performed, but avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, beginning with maintaining personal distance, wearing a mask and hand

hygiene.

【On-campus meetings】

○ Online meetings and online participation are encouraged, but if in-person meetings are held, avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, maintaining personal distance, wearing a mask and hand hygiene.

【Measures for employment duties for faculty and staff】

○ If faculty or staff are absent due to fever, the absences shall be treated as Special Paid leave. If you suspect COVID-19 infection, contact the Call Center and follow their instructions. If you are unable to come to NAIST due to this, this will be treated as compulsory leave.

○ To prevent the spreading of infection, you can stagger your commute to avoid crowded public transportation like trains or buses.

Teleworking may be performed as long as this doesn't negatively affect the education, research or work duties.

Nara Institute of Science and Technology