

## Measures concerning the new coronavirus (COVID-19)

### 【Infection prevention】

- Avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, beginning with maintaining personal distance, wearing a mask and hand hygiene.
- When you enter the campus, check your temperature with the thermography cameras installed in the division complexes, the administrative building, etc.
- When inside buildings, open the windows and ventilate frequently
- When eating or drinking with other people, sit at least two meters away from any accompanying persons and sit diagonally from people (Do not sit directly in front of someone.)
- Thoroughly perform usual infection prevention measures (washing hands with running water and soap, disinfecting hands, wearing masks, and coughing etiquette)
- If you have a cough without a high fever, please wear a mask at all times
- When entering buildings, wash and/or disinfect your hands
- Avoid nonessential outings and stay inside as much as possible
- When going outside, avoid crowded places as much as possible
- Avoid large parties and gatherings
- When eating out at a restaurant, check if the business displays signs stating their compliance to certain standards, etc.
- Please refrain from activities that involve shouting or loud voices, such as visiting restaurants where you need to speak loud, karaoke, sports events with cheering, etc.
- Register and use COCOA (COVID-19 Contact Confirming Application) or other local tracking and alerting systems.

### 【Health care】

- Response in cases of fever
- 1. In cases when you have a fever or other symptoms, you should stay at home and promptly contact a hospital to discuss seeking medical treatment, etc.

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(For reference)

- ◆Clinics/hospitals near NAIST (performing PCR tests)
- ① Ikoma City Hospital (near Higashi-Ikoma Station)  
TEL: 0743-72-1111 (Reservations 24 hours a day)
- ② Shiraniwa Hospital (near Shiraniwadai Station)  
TEL 0743-70-0022
- ③ Ikoma Medical Center (1 minute walk from Ikoma Station)  
TEL: 0743-75-0111 (Reservations late night and holidays only)

④ Tanaka Urology Clinic (5 minute walk from Ikoma Station)

TEL: 0743-75-2861 (Reservations 9:00-18:00)

⑤ Suzuki Internal Medicine Clinic (3 minute walk from Saidaiji Station)

TEL: 0742-33-3786 (Reservations 9:00-17:00)

※Please contact Call Center below if there isn't a hospital nearby.

◆Call Center (Coronavirus Returnee and Exposure Call Center)

① Nara Prefecture

TEL: 0742-27-1132 【24 hours a day】

② Osaka Prefecture

Health Center nearby 【24 hours a day】

③ Kyoto Prefecture

TEL: 075-414-5487 【24 hours a day】

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2. In cases when you have taken a PCR test, make sure to notify the Health Care Center of that fact with the result. If the result is positive, please follow the instructions of the public health office and understand that you will not be allowed to work or report to work until it is deemed you are fully recovered. If the result is negative, please follow the treating physician's instruction and return to work/your studies.

Health Care Center Tel: 0743-72-5108 E-mail: [hcc\[at\]hcc.naist.jp](mailto:hcc[at]hcc.naist.jp)

3. In cases when you or someone you live with is requested to cooperate with the public health offices, etc. as someone who has come into close contact with an infected person, follow the directions you receive and quarantine at home for the period that is stipulated.

Flowchart for when you, your family or roommate, etc. has a fever or other symptoms

[http://ad-info.naist.jp/k-soumu/somu/coronav\\_flow\\_E1224.pdf](http://ad-info.naist.jp/k-soumu/somu/coronav_flow_E1224.pdf)

Nara Prefecture : <http://www.pref.nara.jp/55410.htm>

Osaka Prefecture :

<http://www.pref.osaka.lg.jp/iryo/osakakansensho/corona-denwa.html>

Kyoto Prefecture : <http://www.pref.kyoto.jp/kentai/corona/soudan.html>

4. In cases when someone you live with has a fever or other cold-like symptoms, regardless of whether you have a fever or other cold-like symptoms, please follow either item 1 above.

**【Overseas travel】**

○ All faculty, staff and students are prohibited from travelling to areas where the infection danger levels are level 3(Avoid all travel), regardless of whether it will be for work or private. Also, NAIST asks that all non-essential travel to areas where the infection danger levels are level 2 be avoided.

- Japanese Ministry of Foreign Affairs Safety Abroad Page (<https://www.anzen.mofa.go.jp/>).

Also, if travel abroad is unavoidable, please also check the “Country/region entrance measures/restrictions, etc. for Japanese and those travelling from Japan” site (Only in Japanese).  
[https://www.anzen.mofa.go.jp/covid19/pdfhistory\\_world.html](https://www.anzen.mofa.go.jp/covid19/pdfhistory_world.html)

○ The “special framework which enables business persons residing in Japan (Japanese nationals, Japanese permanent residents and those maintaining the status of residence) to conduct limited business activities upon their return/ re-entry into Japan after short-term business trips” started from November 1st. However, this framework is suspended for the time being.

Japanese Ministry of Foreign Affairs

[https://www.mofa.go.jp/ca/cp/page22e\\_000925.html](https://www.mofa.go.jp/ca/cp/page22e_000925.html)

Ministry of Economy, Trade and Industry

<https://www.meti.go.jp/covid-19/pdf/taikikanwa.pdf>

#### 【Persons returning to Japan】

○ The stricter measures currently in place concerning inspection and quarantine for all persons entering Japan, regardless of nationality, are outlined as follows.

Japanese Ministry of Foreign Affairs

[https://www.mofa.go.jp/ca/fna/page4e\\_001053.html](https://www.mofa.go.jp/ca/fna/page4e_001053.html)

○ The “special framework which enables business persons residing in Japan (Japanese nationals, Japanese permanent residents and those maintaining the status of residence) to conduct limited business activities upon their return/re-entry into Japan after short-term business trips” started from November 1st. However, this framework is suspended for the time being.

#### 【Accepting International visitors to NAIST】

○ For those who have a Certificate of Eligibility from October 1st, 2020, in principle, all statuses of residence (Professor, student, dependent, etc.) are eligible for new (first) entry to Japan.

However, this framework is suspended for the time being

Japanese Ministry of Foreign Affairs Safety Abroad Page

[https://www.mofa.go.jp/mofaj/ca/fna/page22\\_003381.html](https://www.mofa.go.jp/mofaj/ca/fna/page22_003381.html)

#### 【Domestic business trips and travelling】

○ With the state of emergency being issued for Tokyo and Okinawa Prefectures, please refrain from unnecessary and urgent movement across prefectures where the infection is spreading. Also, from the standpoint of infection prevention, please practice the basic measures to prevent

the spread of infection, beginning with maintaining personal distance, wearing a mask and hand hygiene.

Please refrain from domestic business trips and travelling if you have a fever or other symptoms.

**【Lectures and student's experiments】**

○ In principle, subjects are to be held in-person. For those who reside in or commute through prefectures which have issued a state of emergency and are worried about attending in-person lectures, please discuss participating in lectures online or viewing them on the lecture archive with the lecturer in charge.

○ Please follow the instructions from the appropriate Graduate School or Division about conducting experiments and practice subjects for students.

**【Faculty and students' research activities】**

○ Research activities may be performed, but avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, beginning with maintaining personal distance, wearing a mask and hand hygiene.

**【On-campus meetings】**

○ Online meetings and online participation are encouraged, but if in-person meetings are held, avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection while practicing the basic measures to prevent the spread of infection, maintaining personal distance, wearing a mask and hand hygiene.

**【Measures for employment duties for faculty and staff】**

○ While the call to refrain from going outdoors does not include faculty and staff reporting for duties, in order to reduce the possibility of contact please consider staggering your commute or teleworking when it doesn't negatively affect your education, research or work duties.