

July 30, 2020

All Residents at Student Dormitories,
Educational Affairs Division

Preventive Measures of the Spread of the Coronavirus (COVID-19) Infection

The number of people infected with the virus is increasing everyday and the same increase can unfortunately be seen also in Nara Prefecture.

Many students currently live in our student dormitories; therefore, to prevent the infection and further spread of the virus, cooperation from all residents is indispensable.

For protecting yourself and other residents, kindly cooperate continuously in taking the following preventive measures.

【Basic measures to prevent infection】

- ◆Wash your hand thoroughly and gargle from time to time.
- ◆Follow the manners when you cough.
- ◆Do not hold any gatherings/parties accompanying food and drinks and close contact with one another.
- ◆Avoid close contact with others as much as possible including shaking hands.
- ◆Prepare a thermometer, face masks and some amount of disinfectant solution.
- ◆Prepare a health insurance card in case of urgent need to visit medical institutions.

Avoid the 3 Cs (closed spaces, crowded places and close-contact settings)!!

【Staying in the Student Dormitories】

◇Cleaning the areas for share use (Single occupancy buildings)

Bath rooms and laundry rooms are for share use, which we regularly ask you to clean for next users.

Kindly cooperate in keeping these areas clean further more than usual.

- The days of cleaning these areas by a cleaning company were increased.
- Disinfectant solution was placed.

For preventing the contagious infection, use it to sterilize the area for share use such as bathtubs and the places everyone touches, doorknobs, faucets, switches and covers of laundrymachine and dryer.

◇Suspension of using lounges

The use of lounge rooms is suspended and the rooms are locked.

Student dormitories are communal living areas and your home.
Cooperate in order for everyone to stay comfortably!!

【Check your health condition】

As in the notice of July 29 from Director of Health Care Center, take your temperature to check your health condition everyday.

If you have a fever, do not go to school and stay in your room and contact the Health Care Center (hcc[at]hcc.naist.jp).

If you have a high fever, breathing troubles, or extreme fatigue, contact the Nara Coronavirus Returnee and Exposure Call Center immediately and follow their instructions.

Contact : Nara Prefectural Office 0742-27-1132 (24 時間) /Koriyama Health Division
0743-51-0194

Thank you very much for your cooperation and understanding.

【Contact】

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