

Measures concerning the new coronavirus (COVID-19)

Nara Institute of Science and Technology

【Infection prevention】

- Avoid the 3 Cs, closed spaces, crowded places and close-contact settings, to prevent infection
- When inside buildings, open the windows and ventilate frequently
- When eating or drinking with other people, sit at least two meters away from any accompanying persons and sit diagonally from people (Do not sit directly in front of someone.)
- Thoroughly perform usual infection prevention measures (washing hands with running water and soap, disinfecting hands, wearing masks, and coughing etiquette)
- When entering buildings, wash and/or disinfect your hands
- Avoid nonessential outings and stay inside as much as possible
- When going outside, avoid crowded places as much as possible
- Wear a mask when commuting
- If you have a cough without a high fever, please wear a mask at all times

【Health care】

- For fevers or other cold symptoms: You should stay at home.
If the fever subsides in 1-3 days, you shouldn't go to work for 6 days from the day the fever started and three days after the fever is gone.
- If you experience strong symptoms such as breathing troubles, extreme fatigue or a high fever: contact the "Nara Coronavirus Returnee and Exposure Call Center" (0742-27-1132) at the Koriyama Health Division and follow their instructions.
- If it is confirmed that you are infected with the new coronavirus as a result of PCR testing, please contact the following offices.
Crisis Measures Headquarters Tel: 0743-72-5024 E-mail: somu@ad.naist.jp
Health Care Center Tel: 0743-72-5108 E-mail: nisiyama@hcc.naist.jp

【Overseas travel】

- All faculty, staff and students are prohibited from travelling to areas where the infection danger levels are level 2 or 3, regardless of whether it will be for work or private.
 - Japanese Ministry of Foreign Affairs Safety Abroad Page (<https://www.anzen.mofa.go.jp/>).
- All persons returning to Japan will be required to stay 14 days at the location stipulated by the Quarantine Station Director and are asked not to use public transportation. Please follow

any instructions given.

- The accepting of visitors from level 2 and 3 areas is prohibited for the immediate future.
- The acceptance of new students* from overseas is to be considered from October 1st, 2020.

*Those students who wish to apply to NAIST as Undergraduate Internship Students and Special Research Students in or after May 2020.

【Domestic travelling】

- Recently there are sporadic domestic cases of infected individuals in various areas in Japan where the transmission path is not clear. Please refrain from domestic business travel and also from meeting with visitors from outside NAIST.

【Request to refrain from returning to your hometown and from traveling】

- To prevent increased risk, please do not return to your hometown or travel out of your region during holidays, including golden week.

【Lectures and student's experiments】

- NAIST has canceled face-to-face subjects from Wednesday, April 8. For students, subjects are scheduled to start using the Lecture Archive from Wednesday, April 22.
- Please follow the instructions from the appropriate Graduate School or Division about conducting experiments and practice subjects for students.
- Based on the state of emergency announcement by Nara Prefecture due to the spreading of infection, students are, in principle, to refrain from coming to NAIST until May 31, in order to further efforts to reduce the possibility of infection spreading at NAIST.

【Faculty and students' research activities】

- In order to continue the experiments and research currently being performed, the minimum number of lab members (faculty, research staff, students, etc.) required for this are permitted to enter the campus. To obtain this permission, please follow the instructions from the division to which you're your laboratory belongs.

【On-campus meetings】

- In order to prevent the spreading of infection and maintain stable operations, meetings are to be held online using online conference systems (Webex, Polycom).

【Measures for employment duties for faculty and staff】

- If faculty or staff are absent due to fever, the absences shall be dealt with as annual paid leave or sick leave. If you suspect COVID-19 infection, contact Coronavirus Returnee and Exposure Call Center and follow their instructions. If you are unable to come to NAIST due to this, this will be treated as compulsory leave.
- To prevent the spreading of infection, you can stagger your commute to avoid crowded public transportation like trains or buses.
- With the declaration of a state of emergency for Nara Prefecture and based on the subsequent request for NAIST to suspend its operations (the request to suspend use of its facilities), please make use of a rotation system for employees and teleworking (working at home).

【Other information】

- To prevent the spreading of infection, starting from April 13th new reservations for Guesthouse Sentan will not be accepted until further notice.
- Based on the declaration of a state of emergency for Nara Prefecture, the NAIST Library is closed from April 17th until further notice.
- With the declaration of a state of emergency for Nara Prefecture and based on the subsequent request for NAIST to suspend its operations (the request to suspend use of its facilities), the exercise facilities on campus are closed from April 23rd until further notice.